

Lisa Solis DeLong, CSO, RN

Chief Spiritual Officer, Speaker, Author, Cannabis Nurse
lisasolisdelong@gmail.com

Lisa DeLong is an international inspirational speaker, TEDx presenter, author, cannabis nurse, bereavement facilitator, ballroom dancer and mom! As her own Chief Spiritual Officer, she inspires audiences with a soulful, resilient, reconnect to purpose message through storytelling, writing prompts, salsa dancing, and humor. Audiences are transformed as they recognize the value of their life experience and remember who they truly are.

Her first-born son, Justin, died at the age of fifteen in 2000 after a ten-year remission from leukemia. This was the beginning of her awakening. Shockingly, six years later, her youngest son, Jacob, was diagnosed with the same kind of non-familial leukemia. He has completed treatments and is now a healthy adult. Her memoir, *BLOOD Brothers*, is touching the hearts of readers all over the world and is also required reading for nursing students as a patient experience perspective. Most recently Lisa has passionately added Cannabis Education to her speaking platform in response to her discovery that cannabis could have helped her sons during their leukemia treatments.

Lisa enjoys sharing her insights on spirituality, turning tragedy to triumph, cannabis as medicine, dance as self-care and how to return to joy. She and her husband of thirty-six years are enjoying their “empty nest” in Southern California while their two daughters, son, and dog, Poochini, live creative lives in Oregon. Lisa’s family remains close and surprisingly sane.

PROFESSIONAL EXPERIENCE

Since 2015, Lisa has been a sought-after member of the Studer Group/Huron Healthcare Solutions Speaker’s Bureau fulfilling engagements in the U.S and Canada. She consistently receives high survey marks among physicians, nurses and all staff. Prior to that, Lisa enjoyed the role of Family Outreach Coordinator for a local nonprofit supporting families who have a child with cancer. Lisa assisted grieving families in the Los Angeles area, including leading grief groups, grief camps and Santa Clarita Death Cafe. Her TEDx talk titled, “Changing the Face of Death” has received thousands of views. She volunteered at the Leukemia and Lymphoma Society, American Cancer Society, Amgen Tour de California and spoke at a host of fundraising events. Her speaking career began when her memoir, *BLOOD Brothers*, became a popular resource among nurses, hospice agencies and cancer awareness groups. Lisa is a member of the Cannabis Nurses Network and received her Cannabis Nurse Certificate in 2017.

SPEAKING TOPICS

SKYBOX LEADERSHIP, higher perspectives on empathy, gratitude and appreciation.

Audience: All Leaders

Focus: Leadership, Resilience, Communication, Inspiration and Purpose.

SPIRIT OF HEALTHCARE, how miracles manifest through people.

Audience: All Leaders

Focus: Leadership, Resilience, Inspiration and Purpose, Patient Experience

YOU HAVE GOOD FINGERPRINTS FOR A NURSE, feel a renewed sense of joy over the nursing profession.

Audience: Nurses, Nurse Leaders

Focus: Inspiration and Purpose, Communication, Patient Experience

CBD FRIEND OR FOE, what nurses need to know.

Audience: Nurses, Physicians, Healthcare Professionals.

Focus: Education, Endocannabinoid system, Cannabinoids, Products.

Rather than telling an audience what they should think, Lisa facilitates transformative self-discovery. All presentations can include Lisa's mindfulness exercise titled Cage Free Thinking™ and self-care dance lesson.

SIGNATURE ENGAGEMENTS

- Joe Biden's Moonshot Summit, Santa Clarita, CA 2016, New Actions to Accelerate Progress Toward Ending Cancer As We Know It.
- TEDx presenter at College of the Canyons 2014.
- 10 Minutes that Count, Spirit of Healthcare, Studer Group Conference, Washington, DC 2014
- Spirit of Healthcare, keynote Trillium Health, Toronto, Canada 2016
- Return to Joy, keynote, Canadian Association of Pediatric Health Center, Alberta, Canada 2018
- Sky Box Leadership, keynote, Health Care America Capital Division 2017
- The Spirit of Healthcare is YOU! Advent Health Cancer Institute's (AHCI) Annual Oncology Nursing Conference October 13, 2019 - Orlando, Florida
- Spirit of Healthcare, College of the Canyons School of Nursing, Santa Clarita, California 2019

PUBLICATIONS/SPECIAL ENGAGEMENTS

- BLOOD Brothers, a memoir of faith and loss while raising two sons with cancer.
- Communication Counts, a toolkit for families living with illness and loss.
- Imagine Magazine Children's Hospital Los Angeles, "Remarkable", a look at oncologist Dr. Stuart Siegel from a mother's perspective 2009
- Grant recipient and co-creator of Hospital Care Kits program serving Children's Hospital Los Angeles.
- Led the creation of bereavement service offered Santa Clarita Valley.
- Guest host for Doctor Proctor, radio show on KHTS 1220 where listeners take a peak over the shoulder of physicians.
- Trusted advisor and support to bereaved parents, hospice workers and nurses in leadership within the pediatric oncology community.
- Member eight-person Children's Hospice and Palliative Care Coalition team presenting to law makers in Sacramento.
- Consultant and parent participant for Danya International's Communication Counts, a tool kit for families experiencing childhood illness.
- Parent panel participant and trained presenter for End of Life Nurse Education Consortium (ELNEC).
- Galen College Holistic Health MSN Module on Cannabis
- New Jersey League of Nurses, CBD FRIEND OR FOE? 2020 NJLN Convention, March 25 - 26, at Harrah's Resort, Atlantic City, NJ.